What disorders most commonly affect our cats?

**The Study**

**The Aim** – To identify the most common conditions affecting cats in England.

**The Data** – Random sample of 3,584 cats taken from 142,576 cats attending 91 vet practices in England.

**The Method** – Each cat’s full clinical record was reviewed to identify all disorders diagnosed.

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**The most common general problems in cats:**

- **Dental** 15.1%
- **Trauma** 12.9%
- **Skin Problems** 10.4%
- **Digestive Problems** 10.0%
- **Parasitic Infestation** 9.8%

**Most common specific disorders in cats:**

- **Injury** 4.6%
- **Heart Murmur** 5.0%
- **Obesity** 6.7%
- **Flea Infestation** 8.0%
- **Dental Disease** 13.9%

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**Purebred cats have a higher likelihood of:**
- Coat disorders

**Crossbred cats have a higher likelihood of:**
- Abscesses
- Hyperthyroidism

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**Conclusion**

Cats are generally healthy creatures. We can help to maintain this health with good dental care, proper nutrition and parasite control. Early veterinary intervention safeguards the health of our cats.

**Preventive Health Advice**

- Annual veterinary health checks help to identify and manage health conditions earlier.
- Brush your cat's teeth regularly and ask your vet for advice if worried.
- Encouraging active play helps maintain physical fitness and a healthy weight, particularly for indoor cats.
- Ensure your cat is microchipped for identification purposes, especially if allowed outdoors.